**OSHA “first aid” Treatments**

The following are considered “first aid” and therefore are not recordable incidents:

* Using a non-prescription medication at nonprescription strength (for medications available in both prescription and non-prescription form, a recommendation by a physician or other licensed health care professional to use a non-prescription medication at prescription strength is considered medical treatment)
* Administering tetanus immunizations (other immunizations, such as Hepatitis B vaccine or rabies vaccine, are considered medical treatment)
* Cleaning, flushing or soaking wounds on the surface of the skin
* Using wound coverings such as bandages, Band-Aids™, gauze pads, etc.; or using butterfly bandages or Steri-Strips™ (other wound closing devices such as sutures, staples, etc., are considered medical treatment)
* Using hot or cold therapy
* Using any non-rigid means of support, such as elastic bandages, wraps, non-rigid back belts, etc. (devices with rigid stays or other systems designed to immobilize parts of the body are considered medical treatment)
* Using temporary immobilization devices while transporting an accident victim (e.g., splints, slings, neck collars, back boards, etc.)
* Drilling of a fingernail or toenail to relieve pressure, or draining fluid from a blister
* Using eye patches;
* Removing foreign bodies from the eye using only irrigation or a cotton swab
* Removing splinters or foreign material from areas other than the eye by irrigation, tweezers, cotton swabs or other simple means
* Using finger guards
* Using massages (physical therapy or chiropractic treatment are considered medical treatment)
* Drinking fluids for relief of heat stress.